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## INAUGURAL DISSERTATION,

ON

*Asiatic Cholera  
as it Occurred in Wilson Co Tenn  
in 1849-54*

SUBMITTED TO THE

PRESIDENT, BOARD OF TRUSTEES, AND MEDICAL FACULTY

OF THE

UNIVERSITY OF NASHVILLE,

FOR THE DEGREE OF

DOCTOR OF MEDICINE.

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18  
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TOPIC

Asiatic Cholera as it occurred in Wilson Co Tenn  
the physicians of the Mississippi valley  
knew but little of this disease until perh  
aps about the year 1833 the name dem  
onstrates that it originated or proceeded from  
Asia and carried with it wherever it  
went universal horror and consterna  
tion. the writer of this article has av  
oided himself of a general or <sup>the</sup>outline of  
the symptoms and treatment of  
Cholera in <sup>the</sup> year above named from  
two eminent sages in our profession  
both of which justly deserve the ap  
pellation of staff officers in the Med  
ical profession to wit Doct L. W. White  
of Lebanon Tenn and Doct Archibald De  
bow of Hartsville Tenn to use a military  
phrase the two gentleman alluded to above  
were field fighters in the foremost ranks

These recollection is that the disease appeared early in the summer of 1833 perhaps in June not as an epidemic but as having decidedly preferences in localities and subjects. That portion of Lebanon East of North street suffered greatly with the disease whilst other portions remote from this suffered comparatively but little the cause was easily attributed to an old tan yard that had gone or fallen into disuse the old vats were left full of ground bark and trimmings of hides and other decaying animal matter large heaps of old bark and such like rendered that part of town very offensive on account of peculiar disagreeable smell and was thought by Dr. White to be the cause of so much suffering in that particular locality

they agree that the symptoms were generally of an uniform character, characterized with universal spasmoidick contractions of the muscles of the arms and lower extremities a constant disposition to vomit with copious rice water or serous discharges from the bowels complaining of no pain except that produced from the muscular contractions, the treatment consisted chiefly of calomel opium and french brandy internally with spongiae to the extremities, the calomel was given in large doses and was repeated in some cases untill it would amount to three or five hundred grs in 24 hours, joy and happiness was restored to the community by its disappearance early in autumn, but in

the year 1849 the medical periodicals and especially those of New Orleans published the fact that Cholera had again made its appearance upon our borders to Dr. Castenlight of New Orleans the profession was much indebted for many valuable articles written upon and describing minutely the symptoms of cholera upon its second visit to our country the Doctor describes two symptoms in the second visit of cholera differing materially from the ~~the~~ symptoms in the first visit to wit an entire absence of muscular contraction in a number of cases in the last appearance also that frequently the disease on second appearance was accompanied with bilious vomiting and diarrhea in the month of June the news papers publi

5

shed accounts of sporadic cases in the city of Nashville, on the first munday in July 1849 was the meeting of the Chancery court at Lebanon Wilson County up to this date the sound of cholera was not heard in our county the writer of this article was in attendance upon the court, early on the morning above mentioned Doct F.H. Gordon was called to see Mrs Gilford and a Mrs Joyce two lady from Nashville on a visit to Lebanon both reported to have Cholera Morbis the Dr accordingly obeyed the summons and commenced treating of the cases in the ordinary <sup>way</sup> with alteratives and astringents, he had not more than prescribed for the cases above before he received another summons to see the

husband of Mrs Tilford who had gone  
to the country to visit his father and  
on his return to Lebanon was taken  
so violently bad as to be unable to pro-  
ceed any farther and fell by the way  
side. I met the Doct as he was star-  
ting to see this last named case  
he requested that I should go <sup>to</sup> the  
boarding house and watch the  
two ladys untill he should return  
stating that one of them to wit  
Mrs Joyce was pretty bad case of  
diarrhoea and Mrs Tilford the  
same nature though he thought  
she was better. I went immediately  
to Mrs Tilfords room found her com-  
plaining with sick stomach bilious  
vomiting and bilious diarrhoea dep-

7

and heavy breathing pulse 107 and  
very easily compressed extremities cold  
and surface cool with copious sweating  
Sent a messenger forthwith for Dr L.W.  
White while I examined Mrs Joyce  
case, found her complaining of  
great pain in the muscles of the  
arms and lower extremities  
caused by the spasmodic contrac-  
tions of the muscles. during this  
interval and much to my gratification  
a servant reported Dr White to be in  
his room after examining both  
cases the Dr remarked that at first  
he thought he had recognised an old  
acquaintance but on seeing the  
bilious condition of the bowels he  
did not know so well about it

but were it not for that peculiarity of  
the bowels he should have no hesitan-  
cy in saying that it was Asiatick Cholera.  
I then referred him to Dr. Castwright's  
recent publications upon which he  
had no doubt of the true nature of  
it being cholera, we began the treatment  
of bowth cases nearly the same 1 gr. of blue  
mass  $\frac{1}{2}$  sulphate morphia ~~acetate~~ to be re-  
peated every hour and oftener if the vomit-  
ing and diarrhoea should continue  
with synapsis to the extremities  
this treatment succeeded admirable well in  
the case of <sup>Mr</sup> Loyer but seemed to have no vi-  
sible effect whatever in the case of Mrs  
Tilford the blue pill was discontinued  
and calomel 5 grs morphia  $\frac{1}{2}$  gr. acetate of  
lead  $\frac{1}{2}$  gr to be given at intervals of half

an hour enema composed of Tannic  
10 grs acetate of Lead 10 grs dissolved in  
tissue water and given immediately  
after each operation from the  
bowels, and mustard plasters to  
cover the entire abdominal regions  
in spite of our efforts the diarrhoea con-  
tinued the sweats increased pulse  
difficult to find at the wrist and  
at the eighth hour from the attack  
without any apparent suffering  
the case expired, Mrs Joyce was at  
this time better and entirely recovered  
in due time, the news of cholera  
produced so much excitement in town  
that the Judge adjourned Court, on my  
way home I called to see Mr Gilford  
the patient of Doct Gordon reported

10

his cases that he left with me found  
his country patient in collapsed  
condition and he died in a  
short time after, on reaching  
home some 8 miles distant from  
Lebanon I learned that a neighbor  
of mine had called for me a few  
minutes before I arrived to see 2  
of his children that he thought  
had flux by reference to a note book  
Kept at that time I visited the above two  
cases on Monday night July 6. 1849 upon exa-  
mination found them both labouring  
under pretty severe diarrhoea the oldest  
daughter Caroline about 14 years had  
sick stomach efforts to vomit when any  
thing was offered in the name of medicine  
a dark coloured <sup>15</sup> stirring discharges from

the bowels resembling very much coffee grounds some tenderness of the bowels on pressure pulse 98 inclined to be rather chorded tongue in the center was coated with a dark yellow fur edges quite red, upon enquiry I learned that this case had diarrhoea for two days previous to this time, treatment gave this case 2 grs blue Mass with 1 gr Dovers powder to be repeated at intervals of one and <sup>hours</sup> half to be continued 8 hours unless the symptoms should materially change 4<sup>2</sup> 03 of laudanum in a gill of starch water to be used as an enema to be used occasionally through the night or so long as the discharges seem painful the second daughter Mary aged Eleven years tongue dry brown fur in the center tip

2

and edges very red pulse 120 threaded and  
hard complains of sick in the bowels  
considerable pain in the rectum upon  
going to stool discharges of serous  
character with a reddish color as though  
it were stained with blood, extrem  
ities and the surface warm  
treatment not willing to take pills gave  
calomel 2 grs Dovers powders  $\frac{1}{2}$  gr every 2  
hours until 6 portions are taken give  
laudanum and starch enema as  
in the other case left the cases at 10  
o'clock P.M rode home at 3 o'clock A.M  
was summoned back to see the little  
case Mary found her condition chan  
ged considerably for the worse had  
vomited once during my absence  
discharges from bowels were more

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frequent and copious the red appearance  
gone complains of no pain when the  
bowels are moved pulse not perceptible  
at the wrist extremities cold deep and  
laborious breathing applied mustard pla-  
sters to the extremities hot flannel cloths  
to the surface and gave a small por-  
tion of brandy toddy inwardly the dis-  
charges from the bowels at this time were  
involuntary patient insensible and  
at about 6 o'clock 2 hours from the  
time that I arrived the patient ex-  
pired Tuesday morning July 7 before  
I could get off there were 5 new case in  
this family three of which were negroes  
messengers were coming from almost  
every direction reporting the disease  
to be prevailing to an alarming ex-

13

tent, from this time the disease had evidently assumed the character of an epidemick from this date the battle was so warm and thick that I had no opportunity of keeping notes of any special or particular case, luckily for me and the community at this time Doct Grant of Arkansas visited his relatives in the immediate neighborhood the Doctor had considerable experience in the treatment of Cholera had treated it while connected with the navy and had been accustomed to it in the most our sea board towns, from him I learned all that was ever beneficial or successful with me in the treatment of this disease

13

he gave no mercury at all used morphæa  
and Tanin in the stomach and Tan  
in and Laudanum as enemæ  
he argued that the skin and the  
serous lining of the bowels were the  
main outlets or waste-gates that caused  
prostration and death, he also argued  
that when a cholera influence was known  
to exist that every case of diarrhoea shou  
ld be regarded as Cholera and treat  
ed accordingly, I found this latter  
course of treatment to stay the pro  
gress of the disease more than  
any thing else, in this imm  
ediate territory the disease, whom  
soever it pleareth regardless of age  
sex color or habit from material  
that was gathered shortly after the

disappearance of the disease in 1849  
I discover that there were 114 cases and  
that 63 out of that number proved fatal  
its stay during this period occupied  
about seven weeks at the expiration  
of which time it disappeared and  
was known in this region <sup>no more</sup> until  
June 1854 at which time it again  
made its appearance in rather a  
marked form as though it wished  
to deal out its <sup>ta</sup> devastations upon the  
credit of acute enteritis and summ  
er fever in a malignant form.

I saw the first case in consul  
tation with my friend Dr Smith  
the young man aged about 19 years  
was nephew of the Doctors and was  
attacked two days previous to the

to the time of my seeing him the prominent symptoms were those of ordinary fever with sick stomach and severe diarrhoea the Doct gave him tinct China and Laudanum in ordinary doses sufficient to arrest the diarrhoea when this was affected the symptoms became much changed for the worse the patient lost his reason somewhat comatose lying with his <sup>eyes</sup> half closed pulse 130 surface dry tongue clean with a polished or glossy appearance, upon consultation we agreed that effusion existed in the ventricles of the brain restored to cupping at the nape of the neck and temples and cold water poured on the

18

head copiously patient died evident  
ly in a convulsion on the night of  
the third day from the attack  
the weather at this time was extremely  
hot with frequent showers rain  
the next case that I saw was a negro  
man about 30 years of age with the same  
symptoms as the case last mentioned  
gave him 2 grs blue mass  $\frac{1}{2}$  gr of  
morphia the bowels were promptly  
arrested the head very soon showed  
indications of disease gave him ne  
arly the same treatment as the case  
above on the third day his bowels  
began to discharge a bluish colou  
red serous fluid and without any  
improvement whatever he died  
the fifth day from the attack

about this period the demand for physicians far exceeded the supply two young men that were reading in my office were pressed into service the disease if taken in the early stages was comparatively easily managed with morphia and laudanum unless the brain become involved, cases that proved fatal could be frequently brought to a rallying point I cant close these remarks without mentioning the case of an estimable <sup>lady</sup> in which I had my old and highly esteemed friend Doct A. Debow called to my assistance the servants of this family had suffered greatly with cholera and seven had died Mrs B was

taken sick whilst I was down at the negro  
quarter prescribing for some there and  
suppose that I was in her room in  
less than forty minutes from the time  
she was attacked the disch  
arges from the bowels were frequent  
and very copious rather of a natural  
appearance gave 1/2 gr Morphæa and  
recommended her to be very still the  
first dose checked the bowels and  
in two hours she was quite ch  
eerful with no unpleasant sym  
ptom was summoned back  
that night at 2 o'clock about 12  
hours from the attack found  
the bowels running off again but  
not so copiously stomach very sick  
gave her Tinct China 40 drops Laudan

21

30 drops Comp Syr Lavender 10 drops  
and started a messenger to Hartsville  
for Doct Deboue when he arrived the  
case was again better and quite pleasant  
by the Docts solicitation we commu-  
niced giving of Calomel 2 grs Dovers  
powders  $\frac{1}{4}$  gr to be given at intervals  
of 2 hours untill she takes 6 portions  
we were compelled to suspend the calo-  
mel powders during the time in order  
to check the serous discharges from  
the bowels which was universally  
accomplished with an opiate  
this case continued for fourteen  
days and to our mortification  
espiced what appeared to be most  
remarkable in this case <sup>was</sup> that the  
urgent symptoms were so easily

22

controlled an that the case would  
rally so often and when ever it mood  
ed at all it had a downward ten  
dency, it is notorious in the 2  
adjoining countys that this portion  
of Wilson County is more liable to  
Cholera than any other part of the  
county and the same thing  
is true in regard to fevers  
the surface of the country is gen  
erally level with a large creek running  
through the current of which is of a sl  
ow or sluggish nature Cumberland  
river near to this point forms two  
large horse shoe bends with three  
large and heavy timbered islands  
all subject to overflow in the  
winter and spring, as to

23

local causes if there be any I am inclined  
to think that the country here being  
nearly entirely surrounded by the  
river is as much cause perhaps  
as any thing, from an account  
furnished me by two young men  
that were in my office in 1854  
there were 67 cases out of this numb-  
er 17 died Respectfully

John S. Saunders