

Women's VU

The monthly newsletter of the Margaret Cuninggim Women's Center

 VANDERBILT UNIVERSITY

November 2006, Volume 29, Issue 4

Celebrate and Remember Our Women Veterans this November

by Stacy Nunnally

As a feminist, I have always had a fascination with the concept of women in the military. I have a strong desire for peace yet struggle with the concept of achieving peace through acts of war. As a feminist, I truly believe in supporting all women in their choices and to be an advocate for equity in all those areas. As such I have become passionate over the years about women in the military. At this time when the country "celebrates its military veterans for their patriotism, love of country, and willingness to serve and sacrifice for the common good," it seems fitting that we to look at the status of women veterans and to celebrate their particular service and sacrifice. Women in the military is a vast topic with many issues, inequities, accomplishments, setbacks and statistics. This article is a very brief overview of women who have served in the U.S. military.

Brief History of Veterans' Day in America

November 11th was declared Armistice Day by President Wilson in 1919 after the end of World War I, "the war to end all wars." The U.S. Congress made it official with the passing of a resolution in 1926 asking Americans "to commemorate [veterans] with thanksgiving and exercises designed to perpetuate peace through good will and mutual understanding between nations." Armistice Day was primarily a day set aside to honor veterans of World War I, but in 1954, after World War II had required the greatest mobilization

of soldiers, sailors, Marines and airmen in the nation's history; after American forces had fought aggression in Korea, the 83rd Congress, at the urging of the veterans service organizations, amended

"If she volunteers to defend this nation's rights, then this nation should defend her right to volunteer for any military assignment." —unknown

the Act of 1938 by striking out the word "Armistice" and inserting in its place the word "Veterans." With the approval of this legislation (Public Law 380) on June 1, 1954, November 11th became a day to honor American veterans of all wars. In 2006, the U.S. Congress passed Resolution 507 which encourages Americans to observe the week of November 5 through November 11, 2006, as National Veterans Awareness Week with appropriate educational activities.

Women Veterans/Women in the Military Statistics

The number of women in active military duty (active duty reserve and guard) as of May 2006 is 202,248. This is 14.4 percent of the total active duty, reserve and guard (U.S. Department of Defense and Women's Memorial). Though service in the military still represents a nontraditional career for women, we should not discount the historic role women have played in military service. In 1429 Joan of Arc (at age 17) successfully led French troops into battle against the English. We see

women in military service in the current armed conflicts in Iraq and Afghanistan. Women's service in the military rose from 1.6 percent in 1973 to 14 percent in 1998. However the percentage of women in the military has remained fairly stagnant to the present remaining 14–15 percent since 2001 (U.S. Department of Defense).

Women in the military face many of the same issues women civilians face: wage inequity, lack of representation and limitations in leadership roles, sexual harassment and assault. Violence against women, in particular, is a top issue for women in the military. For example in a 2006 survey of 114 out of 118 women at the Citadel, 68 percent reported being sexually harassed and 20 percent reported being sexually assaulted (NOW, 2006). In 2005, Congress established a Task Force on Sexual Assault in the Military Services noting that violence against women is not confined to service academies, but as of July 2006, no members have been appointed to the task

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For more info, please see our website:
www.vanderbilt.edu/WomensCenter

Celebrate and Remember Our Women Veterans this November

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force by the Department of Defense. In 2005 there were 2,374 reports of sexual assault in the military. More than 90% of all military career fields are open to women. However, the limitation in areas of service affects women being promoted to the highest ranks in the military (which often require active combat for promotion). There are currently only 50 women serving with stars of admiral or general in all branches of the military. There were none prior to 1970 (U.S. DoD).

The total veteran population in the United States as of September 2005 was 26,549,704. The number of women veterans as of September 2005 was 1,712,117. In Tennessee, there were 37,037 women veterans as of 2005 (Dept. of Veteran Affairs, 2005). Second only to elderly veterans, women veterans are the fastest growing segment of the veteran population. The VA estimates that by 2010 women veterans will comprise 10 percent of veterans using VA health care services (VA Press Release, 2002). There is a 14-member advisory committee that reports to the Secretary of Veterans Affairs. This committee has the sole purpose of advising the secretary on issues affecting women veterans (VA Press Release, 2002).

There are so many women veterans with amazing stories. From World War I to present armed conflicts, women have played an integral role in the U.S. military. For example, Ret. Lt. Colonel Karen Johnson who now serves as executive vice

president for the national NOW organization, spent more than 20 years in management, nursing, and military service. During the latter part of the Vietnam War—at a time when less than two per cent of the military was female—she joined the Air Force as a nurse officer. Through an Air Force sponsored education, Johnson received a B.S. from Loretto Heights College in 1977 and an M.S. from Yale University in 1984. In 1980, Johnson was selected “Nurse of the Year” at the Air Force’s largest medical center in San Antonio, Texas. In 1992, she retired from the military as a Lieutenant Colonel with an Air Force Commendation Medal, a Humanitarian Service Medal and two Meritorious Service Medals. She has worked in many areas for NOW. Relevant to her military background, she was an advocate for admitting women into the Citadel and Virginia Military Institute. (profile courtesy of NOW.org)

Ret. Lt. Colonel Karen Johnson served in the military and like other women veterans, has gone on to advocate for women in both civilian and military life. Other women veterans in the public eye include four female veterans who are running for Congress in the November midterm elections. “This small number is a record,” says Gilda Morales, a researcher at the Center for American Women and Politics at Rutgers University in New Jersey. Even if they do not win their seats, they help to challenge stereotypes about women and military service. And since women and war is still seen as an issue that is often used against the case for a female U.S. President, we should take special note of women veterans and their service in public life.

Celebration and reflection

When you acknowledge the veterans on November 11th, please take time to give special recognition to

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More Information

If you are interested in learning more about women veterans, here are some helpful websites:

U.S. Department of Veteran Affairs

www.va.gov/womenvet/

Veterans History Project

www.loc.gov/vets//

NOW (National Organization of Women)

www.now.org/issues/military/index.html

U.S. Department of Defense

www.defenselink.mil/

Operation Stand Down—Nashville

www.osdnashville.org/about.htm

Women in Military Service for America Memorial

www.womensmemorial.org/

Tennessee Department of Veteran Affairs

www.state.tn.us/veteran/

Women's VU is published monthly August through May at the Margaret Cuninggim Women's Center, Vanderbilt University, Nashville, TN.

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Deadline for newsletter: Submissions are due on the 1st of the month preceding publication.

“Fashion For Every Body”

by Reagan Bush

Beginning with a silent auction and delicious hors d’oeuvres, the Eating Disorder Coalition of Tennessee’s fashion show, entitled “Fashion for Every Body,” was certainly a night to remember.

The fashion show started with a brief introduction by author Jenni Schaefer, who talked about her personal struggle with an eating disorder. Schaefer’s fresh approach includes discussing her eating disorder as a type of abusive relationship, and she has even personified her eating disorder and named it “Ed.” Schaefer’s introduction helped add a personal touch to the event and reminded all patrons of the real reason they were there: not simply for fashion, but to support all of those affected by disordered eating.

And then the show began! The first model was Nashville’s own Vice Mayor, Howard Gentry, in a very attractive gray suit and blue tie. Following him was an incredible variety of outfits for fall, including sparkly gauchos and a brown suede skirt for women, and a great flowery button-up shirt for men. But outshining all of the fabrics, clothes, and accessories were the gorgeous and handsome models, of every size, race, and even age.

The most powerful aspect of the entire fashion show was the simple fact that the models smiled. Compared to the serious, almost unhappy look of professional models, the smiling faces and bouncy walks of the models that night revealed what fashion really should be. Seeing people happy to be wearing those certain clothes made me want to wear them, too. Designers, take note! Additionally, the models exhibited great camaraderie, exchanging high-fives as they passed each other on the runway, and older models helped the very little ones make it down to the end of the catwalk. The very last model down the runway was country music singer Sara Evans. She followed up the fashion show with an intimate hour-long concert, which she kicked off very appropriately with her hit single entitled “Perfect.”

If you are interested in hearing more about events like this as well as other ways to promote healthy body image and self-esteem in the Nashville community, please contact Reagan at reagan.m.bush@vanderbilt.edu, or come join IMAGE, a Vanderbilt student organization, Thursdays at 4:00 in Sarratt 110.

Reagan is currently a senior in the School of Arts and Science, majoring in political science and women’s and gender studies and minoring in Islamic Studies. She hopes that one day all fashion shows will be upbeat, full of smiles, and centered on celebrating every body.

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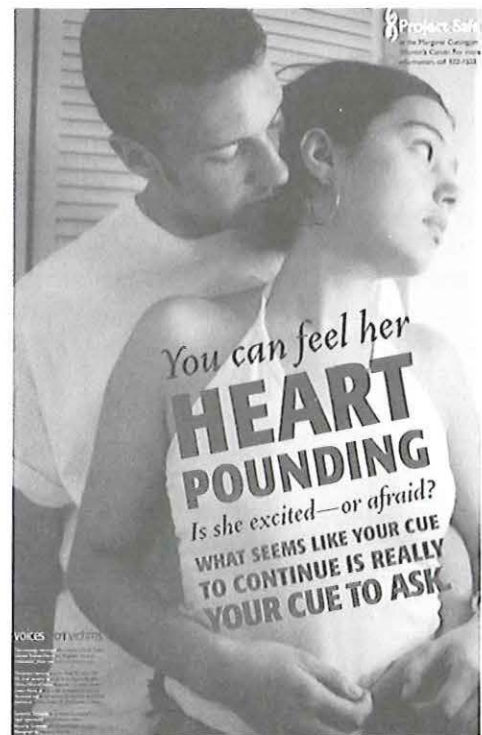
Celebrate Women Veterans

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the women who have served. Like other women in non-traditional occupations, these women veterans faced obstacles and inequities. Yet, these women veterans made significant contributions to the military and our country through their service. Whether the women served in times of conflict or peace, by simply serving they contribute to the feminist movement by opening the door for other women in the military. Upon each other’s shoulders, we continue to grow strong and work toward equity in all facets of life, including the military.

Stacy Nunnally is director of Gender Matters here at the Margaret Cuninggim Women’s Center.

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Don’t Miss It!

Project Safe Hand in Hand Training

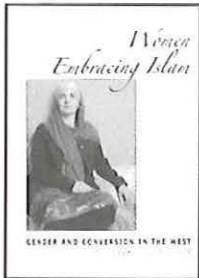
Hand in Hand is a campus organization of Project Safe devoted to helping students, faculty and staff with questions related to sexual assault, intimate partner abuse and stalking. For more information or to sign up for the training, please contact kacy.silverstein@vanderbilt.edu.

Date: November 3–5

Location: TBA



Women Embracing Islam; “Circumstances are Destiny”



Many people in Western countries are very puzzled and curious as to why Western women would voluntarily convert to Islam. *Women Embracing Islam: Gender and Conversion in the West* (University of Texas Press, 2006) is a study of women who became Muslims in recent decades in the United States, Great Britain, Europe and South Africa. The volume, which is edited

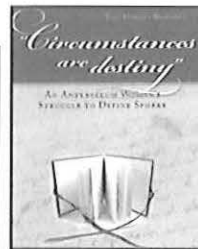
by Dutch sociologist Karin van Nieuwkerk, consists of the proceedings of a conference at which papers were presented by international scholars in a variety of fields.

The editor remarks that this work “will show the wealth of experiences behind conversion, as well as analyze the narratives that express this experience. Conversion is not a momentary experience, but an ongoing process of religious, social and cultural transformation.”

While reliable statistics are difficult to obtain, it is believed that in most Western countries more women than men convert to Islam and that in general only about one-third of converts are male. This is a startling fact to most Westerners, who consider that Muslim women are submissive and dependent and that they are subordinated in patriarchal societies. They are usually forced to cover themselves up almost completely in public, and discouraged from working outside the home and from participating in public life. To many Americans Muslim women are alien and “other” and many people are curious about what their lives are really like and how they view their world.

Marriage to a Muslim is the most common reason for women converting to Islam. Some converts are disillusioned by Christianity or disturbed by the emphasis on sexuality in Western countries; others are attracted to Islamic views of marriage, family and community. Most women remain content once they convert as they feel that wearing Muslim dress liberates them from the stares of males and makes them less likely to be sexually harassed. They may be happy that they are not in competition with men and relieved that they are not expected to work outside the home. Not infrequently converts are white women from middle-class backgrounds.

Specific topics covered by the contributors include the attraction of Sufism or Islamic mysticism; how Scandinavian converts view gender equality; African American converts and the Nation of Islam; differences between conversion experiences as described to researchers in person and as viewed on Internet discussion groups and sites; the significance of the *hijab*; how female American converts convey Muslim values to their daughters; and the similarities and differences in the experiences of German and American converts.



For much of her adult life Celestia Rice Colby was in many ways a typical nineteenth-century woman living in a rural area of Ohio. “*Circumstances are Destiny*”:

An Antebellum Woman's Struggle to Define Sphere (Kent State University Press, 2006) by Tina Stewart Brakebill is an engrossing biography which includes many short selections from Colby's private and public writings. While Colby was never well-known, even in Ohio, she published over 275 magazine and newspaper articles on a variety of topics, including nature, the abolition of slavery, religion and women's rights as well as poems, letters to magazines, and children's stories. For many years she kept a journal and over 680 pages survive from these diaries.

Celestia Rice was born in December 1827 in Andover, Ohio. In the early 1830s the family moved to a farm in nearby Cherry Valley, an area of dairy farms where butter and cheese were produced. During the 1840s Colby attended the Grand River Institute, a well-regarded co-educational institution at the high school level, in a town about 20 miles from home. It is not known how long Colby studied there but later in the 1840s she taught for a short time. In July 1848 Celestia Rice married Lewis Colby and they had five children, three of whom survived to adulthood. On their Cherry Valley farm Colby had many household and farm chores and duties.

Brakebill shows how conflicted Colby was for much of her life. She was born in an era where there was virtually no higher education for women. She found time, despite her very busy life, to write prolifically while believing that she should also be a good wife and mother. She seemed to have somewhat ambiguous ideas about women's roles. Despite the fact that she was surrounded by others, she often felt isolated and different from them. The increasingly liberal ideas expressed, particularly in her private journals, often seemed to conflict with her life as an average homemaker. “*Circumstances are destiny*” was an entry that Colby made in her diary in 1857 and Brakebill remarks that “These words demonstrate that in the autumn of 1857, on the cusp of her thirtieth birthday, Colby began in earnest a struggle to establish a sense of personal identity that went beyond her immediate situation of housewife and mother.”

As time went by Colby became interested in women's rights and the temperance movement; not only did she write about them but she occasionally gave speeches on those topics. She attended many lectures by visiting speakers. In 1865 the family moved from Cherry Valley to Michigan

In the Library



Barbara Clarke
Women's Center
Librarian

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November 2006

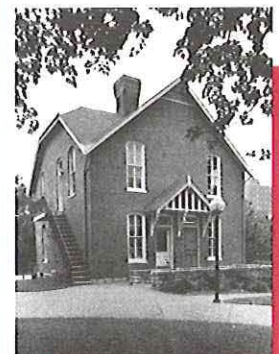
denotes Project Safe programming



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Sistahs Reading Sistahs, 12:30pm-1:30pm Vandy Fems, 5-6pm	2 Making Connections 5:45pm-6:45pm	3 Hand in Hand Training	4 Race for the Cure®, 5K Walk/Run, 8:45am Hand in Hand Training
5 Hand in Hand Training	6 MPAS 8pm, Sarratt 114	7 Creative Life Planning Group, 11:30am-1:00pm Peer Ed, 7pm	8 Vandy Fems, 5-6pm	9 Vandy Moms: 11:30am-12:30pm IMAGE group 4pm-5:30pm Making Connections 5:45pm-6:45pm	10 Women in Academe: Achieving balance in graduate school; 12:10-1:30pm	11
12	13 Book Group, 5:15pm-6:15pm	14 Creative Life Planning Group, 11:30am-1:00pm Peer Ed, 7pm	15 Vandy Fems, 5-6pm	16 Making Connections 5:45pm-6:45pm	17	18 Thanksgiving Break
19	20	21 Creative Life Planning Group, 11:30am-1:00pm	22	23 <i>Happy Thanksgiving!</i>	24	25
— Thanksgiving Break —						
26	27	28 Creative Life Planning Group, 11:30am-1:00pm Peer Ed, 7pm	29 Vandy Fems, 5-6pm	30	For details and descriptions of each group, please refer to page 6. Unless otherwise indicated, all groups and events are open to the public and are held at the Margaret Cuninggim Women's Center at 316 West Side Row on Vanderbilt University's campus.	

Race for the Cure® Saturday, Nov. 4th

The Susan G. Komen Breast Cancer Foundation Race for the Cure® Series raises significant funds and awareness for the fight against breast cancer, celebrates breast cancer survivorship, and honors those who have lost their battle with the disease. With funds raised by the Komen Race for the Cure® Series, the Komen Foundation with its Affiliate Network is able to fund breast cancer research grants, meritorious awards, and community outreach programs. Up to 75 percent of the net proceeds raised by the Greater Nashville Race for the Cure® stays in middle Tennessee to fund outreach programs and initiatives that address the specific unmet breast health needs of our community, and a minimum of 25 percent of net proceeds raised supports the Komen Foundation Award and Research Grant Program. The Margaret Cuninggim Women's Center supports this event and the Vandy Fems organizes a team each year to participate. For more info about the Nashville event, go to the website: www.komen-nashville.org/RaceForTheCure. For information about joining the Vandy Fems team, contact sarah.c.dean@vanderbilt.edu or taylor.l.davis@vanderbilt.edu. Late registration on Sat., starts at 6am; the 5K Walk/Run begins at 8:45am.



November 2006 Calendar of Events

EVENTS, SERIES AND COMMUNITY COLLABORATIONS



Project Safe Hand in Hand Training

Hand in Hand is a campus organization of Project Safe devoted to helping students, faculty and staff with questions related to sexual assault, intimate partner abuse and stalking. For more information or to sign up for the training, please contact kacy.silverstein@vanderbilt.edu.

Date: November 3– 5

Location: TBA

Race for the Cure, Saturday November 4th

The Susan G. Komen Breast Cancer Foundation Race for the Cure® Series raises significant funds and awareness for the fight against breast cancer, celebrates breast cancer survivorship, and honors those who have lost their battle with the disease. Please see page 5 for more details.

Women in Academe Series: Achieving Balance in Graduate School Friday, November 10th; 12:10–1:30pm

This session will focus on how to maintain balance – psychologically and intellectually – while in graduate school. Issues of depression and drop-out, and their relationship to gender, will be addressed. This is a brown-bag lunch event. So bring your lunch and join us. This series of workshops, co-sponsored by the Margaret Cuninggim Women's Center, the Vanderbilt Career Center, and the BRET Office of Career Development, explores issues pertinent to women in the academy and aims to foster dialogue between women in varying locations within the academy. Sessions are open to all Vanderbilt graduate students, professional students, and post-docs.

Where: Sarratt 116

REGULAR GROUPS/MEETINGS

(groups listed alphabetically)

Book Group

November 13th, 5:15pm–6:15pm (Meets the 2nd Monday of each month)

What/Who: The book group is open to new members at all times and is for anyone who loves to read. This month the group is discussing *A Novel of Fame, Honor, and Really Bad Weather* by Jincy Willett (Winner of the National Book Award). For more information, please contact Jane Du Bose at jdubose@bellsouth.net or Carmen Gherman at egggherman@yahoo.com.

Creative Life Planning Group

Tuesdays, November 7th, 14th, 21st, 28th; 11:30am–1:00pm (Meets every Tuesday).

What/Who: A group for all dedicated to living life intentionally and creatively. Free and open to everyone and is usually attended by women between 40 and 90 years of age.

Where: The Gallery at the Margaret Cuninggim Women's Center
For more information, call 322-4843.

Dissertation Writers Group

Will resume meeting once a week in January.

Who/What: This support group meets every week to provide women Ph.D. candidates with objective reactions and fresh perspectives, as well as a place to unwind during the dissertation writing process.
For more information contact roxy.dicker@vanderbilt.edu

IMAGE Group

November 9th, 4:00–5:30pm (Meets every other Thursday. No mtg. on 23rd–Thanksgiving break)

Who: Free and open to any students interested in these issues.

What: IMAGE is an organization dedicated to supporting positive body and self-image issues in the Vanderbilt community. It provides a forum for interested community members to advocate the adoption of healthy body-image concepts and the reduction of eating disorders.

Where: Sarratt 110

For more information contact reagan.m.bush@vanderbilt.edu.

Making Connections

November 2nd, 9th, 16th, 30th; 5:45–6:45 pm (Meets every Thursday. No Mtg. on 23rd–Thanksgiving break)

Who: Free and open to anyone with an interest in these issues.

What: A discussion group to learn about making closer connections with others, your body, and most importantly, yourself. Topics may include body image, intimate relationships, self confidence, managing anxiety and stress and many others. The group is facilitated by Dr. Fishel-Ingram and is completely confidential.

Where: The Gallery at the Margaret Cuninggim Women's Center
For more information contact pamela.ingram@vanderbilt.edu or 615-343-3561.



Men Promoting a Solution

November 6th; 8pm, (Meets every other Monday. No mtg. on 20th–Thanksgiving break)

Who/What: A group of men dedicated to creating awareness about violent crimes against women and eliminating those crimes through social change.

Where: Sarratt 114

For more information, contact Tim Lonergan (t.c.lonergan@vanderbilt.edu).



Peer Educators of Project Safe

November 7th, 14th, 28th; 7 p.m. (Meets every Tuesday. No Mtg. on 21st–Thanksgiving break)

Who/What: Peer Educators are students trained to facilitate workshops that promote discussion and encourage understanding of violence against women.

Where: The Gallery at the Margaret Cuninggim Women's Center
For more information, contact reagan.m.bush@vanderbilt.edu

Sistahs Reading Sistahs

Wednesday, November 1st; 12:30pm–1:30pm (Meets the 1st Wednesday)

What: A book group for everyone interested in reading African-American women authors. The group is currently recruiting members for the group and needs one or two women to coordinate the group.

Who: This group is free and open to everyone!

Where: The Gallery at the Margaret Cuninggim Women's Center
For more info, please contact stacy.nunnally@vanderbilt.edu

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Getting the Sleep You Need: How Much Is Enough?

by Kim Hutchison, M.D.

Sleep is a natural part of human life. Adequate sleep enables us to function at an awake, alert level. When we get less sleep than we need, we develop a “sleep debt” that negatively affects our daytime performance. Studies suggest that sleep deprivation has a powerful affect on our mood, thinking abilities (including concentration and memory), and motor tasks (such as driving). More recently, sleep loss has been associated with weight gain, diabetes, and immune dysfunction. But how much is enough?

Research cannot pinpoint a single amount of sleep required for all persons. Individual sleep needs can vary from 3-11 hours nightly (yes, there is such a thing as a short-sleeper). Just like any other characteristic you inherit, the amount of sleep you need is unique to you. Different age groups also require different amounts of sleep. The right amount of sleep is what is required for you to wake refreshed and function at an alert level throughout the day (without excessive caffeine!). In order to assess your sleep need, calculate how long you sleep after several days without an alarm clock. Assuming your sleep is uninterrupted and you are not sleep-deprived, you are unlikely to “over-sleep”. Though there is no magic number, sleep researchers have agreed on the following general sleep needs:

Age	Sleep Needed
Newborns (1-2 months)	11-18 hours
Infants (3-11 months)	9-13 hours
Toddlers (1-3 years)	12-14 hours
Preschoolers (3-5 years)	11-13 hours
School-aged children	10-11 hours
Teens	8.5-9.5 hours
Adults	7-9 hours
Older adults	7-9 hours

The way one copes with sleep deprivation also varies amongst individuals. While one individual may show decreased performance with only subtle sleep-loss, others may continue to function at a high level despite a significant reduction in sleep. Interestingly, it appears that after chronic, partial sleep loss (4-6 hours nightly), people’s sense of sleepiness improves, while their performance and mood continue to decline.

Children and adults can also suffer from sleep disorders. If you or your child are getting adequate sleep but still feel unrefreshed upon awakening or excessively sleepy during the day, speak with your doctor about a complete sleep evaluation.

Like diet and exercise, adequate sleep is part of a healthy lifestyle. Sleeping too little can not only diminish your productivity and ability to remember information, but can also lead to serious health consequences and jeopardize your safety and social relationships. Schedule time for sleep – it should not be the thing you do only after everything else is done. When people commit to getting the sleep they need, dramatic improvements follow.



Kim Hutchison is a Vanderbilt neurologist with fellowship training in sleep disorders. She evaluates and manages patients with sleep problems and makes referrals to the Sleep Center, located in the Vanderbilt Marriott Hotel. She has a special interest in sleep deprivation and is involved in research looking at brain function in response to sleep loss. She can be reached at kimberly.hutchison@vanderbilt.edu

November 2006 Calendar of Events

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Support Group

What/Who: A support group for women who are survivors of domestic/dating violence, sexual assault and stalking. This group meets weekly at a confidential time and location; all information shared is kept confidential. For more information, please contact kacy.silverstein@vanderbilt.edu or 322-3774.

Vanderbilt Feminists (Vandy Fems)

Wednesdays, November 1st, 8th, 15th, 29th; 5–6pm (Meets every Wednesday–No Mtg. on Nov. 22–Thanksgiving break)

Who: Open to all students of any gender.

What: A student group concerned about women’s issues on campus, and promoting equality between genders. The group is currently organizing a team for the Nashville Komen Breast Cancer Walk on November 4th.

Where: The Gallery at the Margaret Cuninggim Women’s Center
For more information contact sarah.c.dean@vanderbilt.edu or taylor.l.davis@vanderbilt.edu.

Vandy Moms

November 9th; 11:30am–12:30pm (Meets the 2nd and 4th Thursday of each month, No Mtg. on 23rd–Thanksgiving break)

What/Who: Open to all mothers of any age, partnered or single. This is a fun support network that provides advocacy for moms in the Vanderbilt and larger communities. It also provides programming to inform, empower and enrich. Dr. Kim Hutchison will join us on Nov. 9th to discuss sleep disorders. RSVPs are appreciated, but not required.

Where: The Gallery at the Margaret Cuninggim Women’s Center
For more information, contact misa.culley@vanderbilt.edu or call 343-4367.

In the Library

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and later to Illinois. Colby continued to write for publication and to correspond with many others, though no diaries survive from her later years. She became active in the club movement and died in 1900 in Normal, IL.

This volume gives us an interesting insight into the life of an unusual rural woman in nineteenth-century Ohio. In some fields great progress was made for women during Colby's lifetime. When she finished her secondary education in the 1840s there were virtually no opportunities for women to pursue higher education. However, by 1870 her older daughter, Vine, was able to enroll at the University of Michigan and she later became a doctor. Rose, the younger Colby daughter, obtained a doctorate from the University of Michigan and became a professor of literature. Colby's son also married a college graduate.

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Auditions for The Vagina Monologues:

November 7, 8, & 9 from 4pm–10pm
at the Women's Center

Contact vicky.basra@vanderbilt.edu or
call 322-1333 to book a time.

ANNOUNCEMENTS

NASHVILLE NOW (NATIONAL ORGANIZATION FOR WOMEN) meets the 4th Monday of the month, November 27, at the Nashville Peace and Justice Center behind Scarritt Bennett at 7pm. This meeting is open to members, friends and those seeking more information. For more information, contact CynthiaNashNOW@aol.com or 269-7141.

NASHVILLE CABLE

In November CABLE continues its 2006 Super Series for Leadership Development. The Super Series is a three-part leadership development series. The last remaining session is November 16. The cost for the series is \$150 for CABLE members and \$175 for non-members. For more information, please refer to their website, www.nashvillecable.org

FLU SEASON IS UPON US! GET YOUR FLU SHOT!

The Occupational Health Clinic is ready for an exciting flu vaccine season this year, with a simpler onsite schedule and many convenient flu vaccine events. The vaccine program for Vanderbilt faculty and staff kicks off on October 31. For the full schedule of onsites and more in-depth information, visit the OHC website: www.vanderbilt.edu/HRS/wellness/ochealth.htm

UNDERGRADUATE PROCESS GROUP

Meet and discuss issues in a confidential setting.
Time and location: Tuesdays, 4–5:30pm; Vanderbilt Psychological and Counseling Center (PCC), The Baker Bldg., 110 21st Ave. For more information, call PCC at 322-2571

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Women's VU mailing list

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Margaret Cuninggim Women's Center

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