

# Meta-analysis Comparing Outcomes of Two Different Negative Pressure Therapy Systems in Closed Incision Management

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**Background:** Closed incision negative pressure therapy (ciNPT) is an emerging approach to managing closed incisions of patients at risk of postoperative complications. There are primarily 2 different commercially available ciNPT systems. Both systems consist of a single-use, battery-powered device and foam- or gauze-based peel-and-place dressing designed for closed incisions. These systems vary in design, and there are no data comparing outcomes between the 2 systems.

**Methods:** We performed 2 separate meta-analyses to compare surgical site infection (SSI) rates postuse of (1) ciNPT with foam dressing (FOAM) versus conventional dressings and (2) ciNPT with multilayer absorbent dressing (MLA) versus conventional dressings.

**Results:** Seven articles and 2 abstracts met inclusion criteria in the FOAM group (n = 489) versus the control group (n = 489) in meta-analysis 1; 7 articles and 1 abstract met inclusion criteria in the MLA group (n = 532) versus the control group (n = 540) in meta-analysis 2. Meta-analysis 1 showed that patients in the control group were 3.17 times more likely to develop an SSI compared with patients in the FOAM group [weighted mean odds ratios of FOAM group versus control group was 3.17 ( $P < 0.0001$ ) with the 95% confidence intervals of 2.17–4.65]. Meta-analysis 2 showed no significant difference in SSI rates between patients in the MLA group and patients in the control group [weighted mean odds ratios of MLA group versus control group was 1.70 ( $P = 0.08$ ) with the 95% confidence intervals of 0.94–3.08].

**Conclusions:** Comparing outcomes of two different ciNPT systems with a common comparator (conventional dressings) may provide an interim basis for comparing ciNPT systems until further comparative evidence is available. More comparative research is required to determine outcomes in clinical practice. (*Plast Reconstr Surg Glob Open* 2019;7:e2259; doi: 10.1097/GOX.0000000000002259; Published online 21 June 2019.)

## INTRODUCTION

Surgical site infections (SSIs) are a high-priced complication of open surgical procedures and a dominant cause of unplanned 30-day hospital readmissions.<sup>1</sup> They are the

costliest of all hospital-acquired infections, increasing hospital stay by an average of 9.7 days and accounting for an estimated \$3.5–10 billion annual expenditures in the United States. The mean cost of treating a patient who develops a deep wound SSI, superficial SSI, or wound disruption/dehiscence has been reported to be approximately 3.0, 1.6, or 3.6 times, respectively, the rate of treating a patient undergoing a similar operation but without com-

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Received for publication November 7, 2018; accepted March 18, 2019.

Some of the material in this article was presented at the Symposium on Advanced Wound Care (Spring 2018) held April 25–29, 2018, in Charlotte, NC.

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DOI: 10.1097/GOX.0000000000002259

**Disclosure:** Devinder P. Singh is a consultant for KCI, an Acelyty Company, a consultant for Gore, and a consultant for Aeroform. Allen Gabriel is a consultant for KCI, an Acelyty Company, and a consultant for Allergan. Ronald P. Silverman is an employee of KCI, an Acelyty Company. Leah P. Griffin is an employee of KCI, an Acelyty Company. Lucy D'Agostino McGowan is a contractor for KCI, an Acelyty Company. Ralph B. D'Agostino Jr. is a contractor for KCI, an Acelyty Company. The Article Processing Charge was paid for by KCI, an Acelyty Company.

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plications.<sup>2</sup> Overall, SSIs have been reported following an estimated 1%–3.1% of all surgical procedures, accounting for approximately 2.0% of deaths due to health care–associated infections.<sup>3–7</sup> The true incidence of SSIs is likely even higher, as many SSIs are diagnosed in an outpatient setting or after discharge.<sup>6</sup>

SSIs may be caused by endogenous or exogenous microorganisms. Proper postoperative incision care is important to reduce exposure and susceptibility to pathogens that may cause infection. Historically, simple gauze dressings or steri-strips have been used over closed surgical incisions to provide limited barrier protection against exogenous bacteria, absorb drainage, and help hold incision edges together. Closed incision negative pressure therapy (ciNPT) is an emerging approach to managing closed incisions of patients at risk of postoperative complications, including infection, seroma, hematoma, and dehiscence. Initiating continuous negative pressure therapy (NPT) over closed incisions provides a barrier against external contamination while removing wound exudate, including infectious material. There is also evidence to suggest that ciNPT helps reduce edema, which may positively impact perfusion. Additionally, the therapy helps hold incision edges together and realign and reduce tensile forces across the suture line.<sup>8</sup> Published studies have documented clinical experience using NPT over closed surgical incisions with successful outcomes in many fields of surgery including vascular, cardiac, gastrointestinal, gynecological, and orthopedic procedures.<sup>9–13</sup>

There are primarily two different portable, simplified ciNPT systems that have been commercially available since approximately 2010. Both systems consist of a single-use, battery powered device and a foam-based or absorbent layer-based peel-and-place dressing specifically designed for closed incisions. Otherwise, these systems vary in design and their major design characteristics are listed in Table 1. Although there are currently no data comparing the two systems, there are several published studies comparing outcomes of each of the ciNPT systems with conventional

dressings. We performed two separate meta-analyses to compare SSI rates postuse of (1) ciNPT with foam dressing (FOAM; PREVENA Incision Management System; KCI, an Acelity Company, San Antonio, Tex.) versus conventional dressings and (2) ciNPT with a multilayer absorbent dressing (MLA; PICO: Smith & Nephew Ltd, Hull, UK) versus conventional dressings.

## METHODS

### Literature Search

A comprehensive literature search was conducted to identify relevant published articles in PubMed, ScienceDirect, Embase, Ovid, and QUOSA databases from January 1, 2010, to June 30, 2018. The following combinations of terms were used in the search: (“negative pressure wound therapy” OR “vacuum assisted closure” OR “negative pressure therapy”) AND “incision management”; PREVENA AND (“negative pressure wound therapy” OR “vacuum assisted closure” OR “negative pressure therapy”); and PICO AND (“negative pressure wound therapy” OR “vacuum assisted closure” OR “negative pressure therapy”). The initial search yielded 408 citations after duplicates were eliminated. After screening titles and abstracts for English language, date range, clinical data, lack of subsequent publication, inclusion of FOAM or MLA ciNPT, and exclusion of preclinical studies, case studies, reviews, noncomparative studies, meta-analyses, and veterinary studies, 58 articles were retrieved for the examination of full text.

### Eligibility for Inclusion

Review of the publications that met the eligibility criteria was performed by 2 reviewers. A clinical study was included for analysis if it had undergone peer review, was a randomized controlled trial comparing single-use ciNPT with standard care (any non-negative pressure wound therapy dressing) applied postoperatively on a closed sur-

**Table 1. Characteristics of FOAM-based and MLA-based ciNPT Systems**

	FOAM	MLA
Dressing materials	Reticulated polyurethane foam covered with thin film	4 layers: silicone adhesive layer bonded to lower airlock layer and upper absorbent layer; thin film
Skin interface layer	Wicking fabric without 0.019% ionic silver	Perforated flexible silicone adhesive
Therapy unit device dimensions	Weight: 0.4 lbs (0.20 kg) dimensions: approximately 13.6 cm × 7.5 cm × 3 cm	Weight: 0.18 lbs (0.08 kg) dimensions: approximately 6.4 cm × 6.8 cm × 2.1 cm
Method of exudate collection	Canister	Absorption into absorptive layer and evaporation through semipermeable dressing
Negative pressure settings	–125 mm Hg	–80 mm Hg*
Air leak alarm system	Audible alarm that can be temporarily muted. Flashing visual alarm. Alarms stop when condition is corrected	No audible alarm. Flashing visual alarm that stops when condition is corrected. If air leak not corrected, pump automatically shuts off for 1 hour before attempting to restart if no action taken
Incision length covered by dressing	Up to 90 cm	Up to 35 cm
Customizable dressing option for nonlinear incisions	Yes	No
Required dressing changes	Dressing should be removed at the end of day 7 when pump automatically stops functioning	Dressing change needed if drainage reaches perimeter of dressing or collects underneath the port site and at day 7
Life of pump (time to removal)	7 days	7 days
Power source	Disposable or rechargeable battery	Disposable battery

\*Actual pressure delivered to wound site may be less.

gical incision, contained at least 20 enrolled patients per study arm, and reported on SSI as an outcome measure. Study participants could be of any age and undergoing any type of operation, but all wounds in each study arm needed to be a closed surgical incision, not an empyema or open wound.

There were no restrictions on the inclusion or exclusion criteria with respect to risk factors for complications. When the study data were published in multiple sources, only the most complete and recent publication was included. Studies were excluded if the ciNPT treatment arm was a mix of ciNPT types/brands, and SSI rates were not reported by type/brand, as were studies that described the use of ciNPT with products other than the foam and MLA ciNPT. Figure 1 is a flow diagram showing steps in selecting articles for inclusion in the meta-analyses.

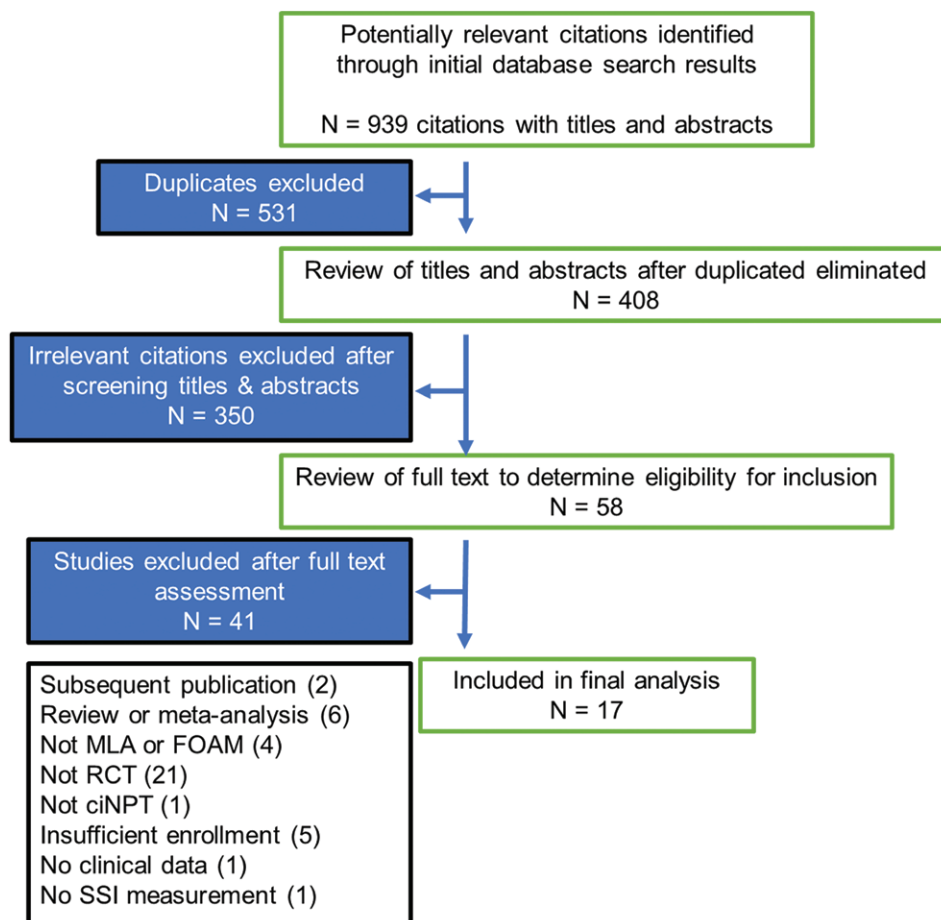
#### Data Collection

The following data were extracted from each included study: number and characteristics of the participants, surgical procedure, type of NPT device used, type of dressing used in the control group, duration of treatment in the intervention and control groups, SSI inci-

dence, system used to classify SSI, length of assessment for SSI, and time between assessments if there were multiple assessments.

#### Analysis of Results

Both meta-analyses were performed using the same methodology. For each analysis, the outcome was measured the presence (or absence) of an SSI using a binary variable. The chi-square test was used to statistically assess heterogeneity, and the  $I^2$  statistics was used to assess the magnitude of heterogeneity. Pooled and weighted odds ratios (OR) and 95% confidence intervals (CI) were calculated to pool study and control groups in each publication and compare for each meta-analysis. The treatment effects were combined using Mantel-Haenszel OR as the summary statistics. Choosing the more conservative analytic approach, a random effects model was used for each analysis performed, even when statistical heterogeneity was not evident. All analyses were performed using the RevMan Version 5.3 software (Copenhagen: The Nordic Cochrane Centre, The Cochrane Collaboration, 2014).



**Figure 1.** Preferred Reporting Items for Systematic Reviews and Meta-Analyses flow diagram of selection of articles for meta-analyses. RCT, randomized controlled trial; ciNPT, closed incision negative pressure therapy; SSI, surgical site infection.

## RESULTS

### Study Selection

From 408 studies extracted for initial review, 350 studies were excluded after screening titles and abstracts and 58 studies were selected for full-text review. During text review, 41 studies were excluded, 21 of which were not prospective randomized controlled trials (RCTs). Four RCTs measured results of ciNPT versus control but included products other than FOAM or MLA ciNPT and were excluded. The literature review revealed no ciNPT studies with greater than 2 study arms. A complete rationale for exclusion and frequency is included in Figure 1. Lee et al<sup>14</sup> met inclusion criteria with 35 consented, randomized patients in the FOAM group and 29 patients in the control group (dry gauze). However, only 27 patients in the FOAM group and 17 patients in the control group were included in the final analysis due to deaths (unrelated to therapy), withdrawal because of postoperative delirium, or lost to follow-up.

A total of 17 articles were selected for inclusion in the final analyses, comprising 1,689 patients with 1,851 wounds. Seven articles and 2 abstracts met all criteria for inclusion in the FOAM group (n = 489) versus the control group (n = 489) in meta-analysis 1, and 7 articles and 1 abstract met all criteria for inclusion in the MLA group (n = 532) versus the control group (n = 540) in meta-analysis 2. Two of the studies (Gombert et al<sup>15</sup> and Galiano et al<sup>16</sup>) were multicenter RCTs, and the rest of the studies were single-center RCTs. The studies included in both meta-analyses and the extracted endpoints are listed in Tables 2 and 3.

### Meta-analyses Outcomes

Meta-analysis 1 showed that patients in the control group were 3.17 times more likely to develop an SSI compared with patients in the FOAM group [weighted mean OR of the FOAM group versus the control group was 3.17 ( $P < 0.0001$ ) with the 95% CI of 2.17–4.65] (see figure, Supplemental Digital Content 1, which displays results

from meta-analyses 1 and 2, <http://links.lww.com/PRIS-GO/B67>). Meta-analysis 2 showed no significant difference in SSI rates between patients in the MLA group and patients in the control group [weighted mean OR of the MLA group versus the control group was 1.70 ( $P = 0.08$ ) with the 95% CI of 0.94–3.08] (see figure, Supplemental Digital Content 1, which displays results from meta-analyses 1 and 2, <http://links.lww.com/PRISGO/B67>).

## DISCUSSION

Although the overall incidence of SSIs has been reduced by external improvements in operating room environments, instrument sterilization procedures, maximum barrier protection requirements, and the use of prophylactic antibiotics,<sup>29,30</sup> there are still reported SSI increases along the spectrum for increasing wound classification (as defined by the Centers for Disease Control and Prevention [CDC]) and a number of risk factors. SSIs remain a considerable cause of morbidity and death due to multiple contributing factors, including larger numbers of older surgical patients, an increase in the variety of chronic and immunocompromising conditions, increased use of prosthetic implants and organ transplantation, and a growing incidence of antibiotic-resistant microorganisms.<sup>31</sup> In a cross-sectional study using the American College of Surgeons National Surgical Quality Improvement Program dataset of 634,426 cases (between 2005 and 2008), the overall rates for all SSIs (superficial, deep incisional, and organ/space) were 2.6% in clean wounds, 6.7% in clean/contaminated wounds, 8.6% in contaminated wounds, and over 11.8% in dirty wounds.<sup>32</sup>

Based on our meta-analyses, analysis of FOAM versus control resulted in a statistically significant reduction in SSI rates, whereas the analysis of MLA versus control did not demonstrate a significant reduction in SSI rates. Possible factors that may have contributed to the differences in outcome of meta-analysis 1 versus meta-analysis 2 include differences in patient selection, type of surgery performed, patient and wound comorbidities, level of

**Table 2. RCTs Included in Meta-analysis 1: FOAM Versus Control**

Reference	Type of Surgery	No. Patients Analyzed	No. Incisions Analyzed	Duration of ciNPT (Days)	SSI Definition	Time of Assessment (Days)	SSI Incidence			
							ciNPT	%	Control	%
DiMuzio et al <sup>17</sup>	Vascular surgery with groin incision	Unknown	119	NR	NR	30	6/59	10.2	15/60	25.0
Engelhardt et al <sup>18</sup>	Vascular surgery with groin incision	132	132	5	Szilagy classification	42	9/64	14.1	19/68	27.9
Gombert et al <sup>15</sup>	Vascular surgery with groin incision	188	188	5–7	Szilagy classification	30	13/98	13.2	30/90	33.3
Gunatilake et al <sup>13</sup>	C-section	82	82	5–7	NR	42	1/39	2.6	4/43	9.3
Lee et al <sup>14</sup>	Saphenous vein harvest	44	44	7/discharge	1 ASEPSIS	42	0/27	0.0	1/17	5.9
Lee et al <sup>19</sup>	Vascular surgery with groin incision	102	102	8/discharge	CDC	90	6/53	11.3	9/49	18.4
Pleger et al <sup>12</sup>	Vascular surgery with groin incision	100	129	5–7	Szilagy classification	30	5/58	8.6	30/71	42.2
Ruhstaller et al <sup>20</sup>	C-section	119	119	3	NR	28	2/61	3.3	4/58	6.9
Sabat et al <sup>21</sup>	Vascular surgery with groin incision	49	63	5	NR	120	2/30	6.7	7/33	21.2

Lee et al<sup>14</sup>: PREVENA removed 1 day before discharge or at day 7.

ASEPSIS, Serous discharge, erythema, purulent exudate, and separation of the deep tissues, isolation of bacterial and duration of inpatient stay; CDC, Centers for Disease Control and Prevention; NR, not reported; RCT, randomized controlled trial.

**Table 3. RCTs Included in Meta-analysis 2: MLA Versus Control**

Reference	Type of Surgery	No. Patients Analyzed	No. Incisions Analyzed	Duration of ciNPT (Days)	SSI Definition	Time of Assessment (Days)	SSI Incidence			
							ciNPT	%	Control	%
Chaboyer et al <sup>22</sup>	C-section	87	87	4	CDC	28	10/44	22.7	12/43	27.9
Galiano et al <sup>16</sup>	Reduction mammoplasty	199	199	Up to 14	NR	21	4/199	2.0	6/199	3.0
Gillespie et al <sup>23</sup>	Primary hip arthroplasty	70	70		5	CDC	42	2/35	5.7	3/35
Karalaki et al <sup>24</sup>	Primary hip or knee arthroplasty	209	209	7	NR	42	2/102	2.0	6/107	5.6
O'Leary et al <sup>25</sup>	Laparotomy	49	49	4	CDC	30	2/24	8.3	8/25	32.0
Tuuli et al <sup>26</sup>	C-section	120	120	4	NR	30	3/60	5.0	2/60	3.3
Uchino et al <sup>27</sup>	Ileostomy closure	59	59	14	CDC	30	3/28	10.7	1/31	3.2
Witt-Majchrzak et al <sup>28</sup>	Sternotomy	80	80	6	ECDC and EI Oakley and Wright classification	42	1/40	2.5	7/40	17.5

Centers for Diseases Control and Prevention; ECDC, European Centre for Disease Prevention and Control; NR, not reported; RCT, randomized controlled trials; SSI, surgical site infection.

negative pressure delivered, dressing interface used, and duration of assessment between the 2 groups. Incidence of SSI after a surgical procedure is highly variable depending on the type of operation performed and underlying risk factors of the patient.<sup>33</sup> Comorbidities such as diabetes, obesity, and poor vascular status and risk factors such as advanced age, chemotherapy, radiation therapy, and use of nicotine or steroids present challenges in maintaining incision closure after an open surgical procedure and can increase the risk of complications, including infection.<sup>34,35</sup> Similarly, certain surgical procedures and conditions such as high-tension incision, repeated incisions, presence of preoperative open wound, longer operative times, extensive undermining, traumatized soft tissue, edema, contamination, and emergency procedure can create difficulties in optimal incision healing, which could lead to postoperative incision complications and/or additional surgeries.<sup>1,36</sup> Due to the heterogeneous methodologies between the studies evaluated in these meta-analyses, neither comorbidities nor surgical procedures/conditions were tracked, thereby limiting our results.

Furthermore, types of surgery performed in the studies analyzed in meta-analysis 1 were different than the surgery types in the studies analyzed in meta-analysis 2. Whereas FOAM studies comprised patients who had C-section incisions (20.5%), incisions following saphenous vein harvest (4.5%), or groin incisions following vascular surgery (74.9%), the MLA groups had incisions resulting from a wider range of surgery types: C-section (23.7%), hip or knee arthroplasty (31.9%), reduction mammoplasty (22.8%), laparotomy (5.6%), ileostomy (6.8%), and sternotomy (9.2%). These major differences in heterogeneity between the 2 meta-analyses cannot be explained by differences in product indications because both ciNPT systems are indicated for closed surgical incisions. A more accurate comparison would be comprised patients who have undergone similar types of surgery. In addition, the number of days that patients were assessed for postsurgical complications in each of the studies varied from 28 to 120 days in meta-analysis 1 and from 21 to 42 days in meta-analysis 2 and these differences were not taken into account when analyzing the results. Longer lengths of postsurgical time, during which patients are assessed in

studies, could have revealed a greater number of complications versus shorter assessment times, but the exact effect is unknown.

The outcomes of each of the studies within the MLA group of studies are also more variable than FOAM study outcomes. Of the MLA studies, one study shows a statistically significant difference<sup>28</sup> and one study shows a marginally significant difference favoring MLA versus control,<sup>25</sup> whereas 2 studies (Tuuli et al<sup>26</sup> and Uchino et al<sup>27</sup>) show a higher rate of SSIs in the MLA group and the remaining 4 studies show a slightly lower rate of SSIs in the MLA group. All of the 9 FOAM studies favor FOAM versus control, 4 of which were statistically significant or marginally significant.

There are likely numerous reasons for these differences in outcomes of studies comprised in meta-analysis 2 (MLA versus control), including variances in wound type, bioburden levels, device negative pressure settings, and definitions of SSI. Different outcomes between Tuuli et al<sup>26</sup> and Chaboyer et al<sup>22</sup> studies, which evaluated ciNPT compared with standard incision care for obese women undergoing elective c-section, may be explained by different definitions of obesity. The Tuuli et al<sup>26</sup> study included only obese patients with BMI  $\geq 30$  kg/m<sup>2</sup>, whereas Chaboyer et al<sup>22</sup> defined obesity as BMI  $\geq 25$  kg/m<sup>2</sup>, which could somewhat account for differences in outcomes between the two studies in meta-analysis 2. For further comparison, in meta-analysis 1, Gunatilake et al<sup>13</sup> defined obesity as BMI  $\geq 35$  kg/m<sup>2</sup> and Ruhstaller et al<sup>20</sup> defined obesity as BMI  $\geq 30$  kg/m<sup>2</sup>.

The Uchino et al<sup>27</sup> study was the only study to explore use of ciNPT postdigestive surgery; patients with ulcerative colitis scheduled to undergo ileostomy closure with purse-string suture were randomly divided into groups with or without MLA ciNPT. To reduce the risk of potential complications such as enterocutaneous fistula and postoperative bleeding that could be affected by high negative pressure, pressure of the ciNPT device was set at  $-80 \pm 20$  mm Hg. However, this lower level of negative pressure ( $<125$  mm Hg) could have reduced the effectiveness of ciNPT over contaminated closed incisions created during ileostomy closure. There is also the possibility that ciNPT may not be beneficial for these incision types, but

considerably more research is required to determine the effects of ciNPT postdigestive surgery.

It should be noted that Uchino et al<sup>27</sup> is a relatively small study (n = 59) with a large effect in this meta-analysis. Nevertheless, the study was included for analysis, because it fit the inclusion criteria. Although results of meta-analysis 2 do not significantly favor MLA over control groups, there is a trend toward significance. A future meta-analysis that would include a greater number of studies and/or larger studies with outcomes that favor MLA would likely yield results significantly in favor of MLA, but this analysis was limited to published studies that were available at the time of review.

Our results from meta-analysis 2 differ from a recently published meta-analysis by Strugala and Martin<sup>37</sup> that analyzed complication rates of 1,839 patients with 2,154 incisions treated by MLA versus control in 16 studies evaluated. Their analysis showed a significant reduction in SSI of 58% from 12.5% to 5.2% with MLA [relative risk (RR) 0.43 (95% CI 0.32–0.57),  $P < 0.0001$ ]. In their meta-analysis, RCTs and retrospective or prospective observational studies written between January 1, 2011, and March 31, 2017, of any sample size with no publication restrictions were eligible for inclusion. Published abstracts or PhD theses with sufficient information to extract mean and variance data were also included.<sup>37</sup> Our meta-analysis included only those studies that have been published in a peer-reviewed journal and within a wider date range. These differences in article inclusion criteria led to outcomes' differences between the 2 meta-analyses.

## CONCLUSIONS

Our meta-analyses of 17 published RCTs comprising 1,689 patients with 1,851 wounds showed a significantly lower number of SSIs in the FOAM group compared with the control group, whereas there was no significant difference in SSI rates between the MLA group and the control group. Currently, there are no published head-to-head comparative studies of outcomes with MLA versus FOAM, both of which have been commercially available since approximately 2010. Comparing outcomes of two different ciNPT systems with a common comparator (conventional dressings) is meant to provide an interim basis for comparing ciNPT systems until further comparative evidence is available. However, limitations of this study, including differences in types of surgery performed between the MLA and FOAM study groups, require caution in the interpretation of these study results.

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## ACKNOWLEDGMENTS

The authors thank Karen Beach (Acelity) and Ricardo Martinez, MS (Acelity), for editorial assistance.

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